

Physicians for a National Health Program (PNHP) Minnesota 2020 Summer Internship Reading, Video, Discussion, and Lesson List

<i>Week:</i>	<i>Single Payer Readings</i>	<i>Watch</i>	<i>Discussions</i>	<i>Other Activism Lesson Content</i>
1 (June 29 th - July 3 rd)	<ul style="list-style-type: none"> • PNHP National website “about” section (pnhp.org/about) • Brief PNHP MN Website review (pnhpmnnesota.org) • Intro through Chapter 4 of <u>An American Sickness</u> by Elizabeth Rosenthal • Start to skim through Kip’s book <u>The Healthcare Mess</u> (LINK HERE) (while from the pre-ACA year of 2003, still extremely relevant; you will be meeting with Kip on August 4th so try skimming through between now and then) 	PNHP MN Intro to Single Payer https://vimeo.com/81821497	Summer 2020 Single Payer Advocacy Series: John Nyman, MD Description Nyman's Model (developed by John Nyman in 2003) presents an alternative view of moral hazard in the context of private health insurance in the United States. Nyman was a professor of Economics at the University of Minnesota. Jun 30, 2020 09:00 AM Central Time	Intro to activism online (social media, blogging, etc.) sent via email Optional blog/reflection prompt- WEEK 1: Consider the concept of conversational voice in the context of the CS Monitor article on page 1. How will the style with which you communicate effect your potency in the Single Payer Health Care Movement?
2 (July 6 th - 10 th)	<ul style="list-style-type: none"> • Chapters 5-9 of <u>An American Sickness</u> by Elizabeth Rosenthal • “Covid 19 Isn’t the Only American Health Epidemic” by Augie Lindmark, MD (LINK HERE) 	Dr. Adam Gaffney’s Talk to Minnesotans (November 2019) (LINK HERE)	Summer 2020 Single Payer Advocacy Series: David Dvorak, MD, MPH Description Dvorak is a Minneapolis emergency room	Encouraged blog prompt- WEEK 2: This week, you will be meeting with David Dvorak. Read his December 2015 article http://pnhp.org/news/single-payer-momentum-builds-with-pnhp/ and discuss if and/or how you personally saw his concerns came to fruition with the 2020 pandemic.

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- “18 Million Americans Lack Adequate Health Insurance...” ([LINK HERE](#))
- Review information about Minnesota’s insurance statistics and explore uninsurance rates by different demographic categories in Minnesota: ([LINK HERE](#))

physician and strong advocate for single payer. Read an example of his work at <http://pnhp.org/news/single-payer-momentum-builds-with-pnhp/>

Reading from PNHP on how to write op-eds, letters to the editor, and contacting the media:

1. <https://pnhp.org/take-action/letters-to-the-editor/>
2. <https://pnhp.org/take-action/how-to-write-an-op-ed-and-letter-to-the-editor/>
3. <https://pnhp.org/take-action/letter-to-the-editor-examples/>
4. <https://pnhp.org/contacting-the-media/>

Jul 7, 2020 09:00 AM Central Time

3 (July 13th-17th)

- Chapters 10-14 of An American Sickness by Elizabeth Rosenthal
- *Please read before Tuesday’s meeting with Senatory Marty:* Excerpts of the Minnesota Health Plan ([LINK HERE](#))

“Fix It: Healthcare at the Tipping Point” <https://vimeo.com/161798765>

Summer 2020 Single Payer Advocacy Series: **Senator John Marty**

Description
Senator John Marty, author of the Minnesota Health Plan. The MHP is a comprehensive single payer health care plan introduced to the Minnesota Senate on February 11, 2019. Visit mnhealthplan.org for full details.

Jul 14, 2020 09:00 AM Central Time

Encouraged blog prompt- WEEK 3: This week, you will be meeting with Senator John Marty. Read excerpts from his book *Healing Health Care* and discuss the impact a state-wide single payer plan could have on Minnesota’s economy. Discuss how it would change your trajectory as a doctor learning and working in Minnesota. Visit <http://mnhealthplan.org/excerpts-from-healing-health-care/>

Podcasts are a great tool for activism! Take a look at Healthcare-NOW! Medicare for All podcast (<https://www.healthcare-now.org/medicare-for-all-podcast/>) and Dr. Celine Gounder’s podcast “A Podcast on Health and Social Justice” (<https://www.justhumanproductions.org/americanidiagnosis>)

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4 (July 20th-24th)

- Chapters 15-18 of An American Sickness by Elizabeth Rosenthal (and if you want to review any of the end content)
- Dr. Weisbart article ([LINK HERE](#))

- 3 short videos:
1. Medicare for All with Dr. Ed Weisbart <https://vimeo.com/331837533>
 2. How do we Pay for it? <https://vimeo.com/314654894>
 3. Canadian Healthcare: Debunking the Myths <https://vimeo.com/284926383>

Summer 2020 Single Payer Advocacy Series: **Rep Alice Mann**

Description
Dr. Alice Mann is a Brazilian American politician and member of the Minnesota House of Representatives. A member of the Minnesota Democratic–Farmer–Labor Party, she represents District 56B in the southern Twin Cities metropolitan area.

Jul 21, 2020 09:00 AM Central Time

Encouraged blog prompt- WEEK 4: This week, you will be meeting with Representative Alice Mann. As a physician with a master’s in public health, an immigrant from Brazil, and a legislator, her perspective on American health care is incredibly valuable. How did meeting Representative Mann impact your view of being a health care activist in relation to your duty to the community. (Bio on Rep Mann can be found at <https://alumniassociation.mayo.edu/featured-alumni/alice-mann-m-d/>)

Answering the hard questions: Here are great resources for language to use and answers to some of the tough questions we face while talking about policy reform. It is okay not to know all the answers, but it is helpful to know where to look!
<https://medicare4all.org/about/>
<https://pnhp.org/what-is-single-payer/faqs/>

5 (July 27th-31st)

- Prologue-chapter 3 of Healing America by T.R. Reid
- Lancet article, “Improving the Prognosis of Healthcare in the US” ([LINK HERE](#) for abstract– please search the University of Minnesota library for free full access)

Webinar on “The Case for Medicare for All” through to 50 minutes (through Dr. Crosson’s discussion of weekly article assignment) ([LINK HERE](#))

You will have an opportunity to ask questions of the first

Summer 2020 Single Payer Advocacy Series: **Rose Roach**

Description
Rose joined the Minnesota Nurses Association as executive director in October 2014, after 25 years advocating

Encouraged blog prompt- Week 5: Find a current news article highlighting Single Payer Health Care as a remedy for our current crisis. Create a commentary based upon the article and your experience.

Read this PNHP resource on asking your city or medical society to support Medicare for All:
<http://www.pnhp.org/system/assets/uploads/2019/03/MedicalSocietyResolution2018-1.pdf>

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speaker, Rose Roach, on Tuesday evening. for the labor movement and healthcare in Minnesota and California.

Jul 28, 2020 09:00 AM Central Time

6 (August 3rd-7th)

- Chapters 4-8 of Healing America by T.R. Reid
- “Why Oncologists should support Single-Payer National Health Insurance” ([LINK HERE](#))
- Skim through Kip’s book The Healthcare Mess ([LINK HERE](#))

Big Pharma: Market Failure
<https://vimeo.com/211718993>

Summer 2020 Single Payer Advocacy Series: **Kip Sullivan, MD & Anne Jones, RN, BSN, MA**

Description
Dr. Sullivan will discuss the history of MN's health care system and highlight the connection between the health policies endorsed by our legislature over the last 4 decades and the resulting stresses on rural hospitals/doctors. Jones will discuss current legislative bills and supporting activist groups.

Aug 4, 2020 09:00 AM Central Time

Encouraged blog prompt- WEEK 6: This week, you will be discussing Minnesota rural health care with Dr. Kip Sullivan and Anne Jones, RN. Visit <https://pnhp.org/kitchen-table-campaign-rural-health-care/> and explore the Tool Kit provided by PNHP. Considering the materials provided, create a social media strategy to educate and expand the Single Payer base.

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7 (August 10th-14th)

- Chapters 9-12 of Healing America by T.R. Reid
- “Moving Forward from the Affordable Care Act to a Single Payer System” by Dr. Adam Gaffny, Dr. Steffie Woolhandler, Dr. Marcia Angell, and Dr. David Himmelstein ([LINK HERE](#))
- Himmelstein and Woolhandler-admin cost article in *Annals of Internal Medicine* approx. January 2020, public option is the poison pill in the Nation approx. November 2019 ([LINK HERE](#))

Healthcare-NOW on racism and Jim Crow playing a role in defeating previous attempts at single payer legislation <https://youtu.be/eN0KhJ3BoI> and Dr. Susan Rogers’ video on racial inequity in health care <https://youtu.be/jshHAEM59B0>

Summer 2020 Single Payer Advocacy Series: **Laurel Gamm, MD**

Description

Dr Gamm practiced family medicine in New Ulm, MN from 1987 – 2004. She then transitioned to working full time in the emergency department until 2012 when she went to the Central African Republic to work as a pediatric hospitalist with Doctors Without Borders. After her return, she moved to St. Paul where she works for Westside Community Health System doing primary care for adults experiencing homelessness.

Aug 11, 2020 09:00 AM Central Time

Encouraged blog prompt- WEEK 7: Racial disparities in health care have been accentuated by COVID-19. Watch the following video by Healthcare—NOW to learn more about role of racism and Jim Crow played in defeating previous single-payer legislation. <https://youtu.be/eN0KhJ3BoI> Watch Dr. Susan Rogers’ 2 minute video on racial inequity in health care at <https://youtu.be/jshHAEM59B0> . These videos are examples of online tools for dissemination of information. Discuss the features of the videos (style, length, voices, word choices, etc) and the pros and cons of their effectiveness.

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8 (August
17th-21st)

- Chapters 13 & “An Afterword” of Healing America by T.R. Reid
- “Cost and Impact Analysis of a Single Payer System in Minnesota” ([LINK HERE](#))

Summer 2020 Single Payer Advocacy Series: **Gordon Mosser, MD**

Description

Dr Gordon Mosser is a Senior Fellow at U of MN.

Dr Gordon taught performance improvement, teamwork, and leadership (mainly in the Master of Healthcare Administration program) at U of MN until 2011. He has published 20 articles in peer-reviewed journals and also published *Understanding Teamwork in Health Care* (McGraw-Hill, 2013).

Aug 18, 2020 09:00 AM Central Time

Board meeting at 6:30pm

Encouraged blog prompt- WEEK 8: Discuss the ways in which your views on the American Health Care System have evolved during your internship. How will this influence your journey as an activist and a physician?